

Schedule

Time	23rd June 2020 (Day 2)						
0900-0930	EXERCISE & OLDER ADULT Dr. Wook Song Korea						
0930-1000	EXERCISE & BEHAVIORAL CHANGE Dr. Garry Kuan Pei Ern Malaysia						
1000-1030	EXERCISE & INJURIES PREVENTION Dr. Srikanth Babu India						
1030-1035	X Break						
1035-1205	SYMPOSIA						
	ROOM 1		ROOM 2		ROOM 3		
	EXERCISE & OLDER ADULT		EXERCISE & BEHAVIORAL CHANGE		EXERCISE & INJURY PREVENTION		
1205-1300	Lunch						
1300-1330	EXERCISE PRESCRIPTION Dr. Hanson Huang Sen-Fang Taiwan						
1330-1400	MEN AND WOMEN'S HEALTH - OBESITY & MUSCLE OF LOVE Ms. Yew Su Fen Malaysia						
1400-1430	EXERCISE MEDICINE Dr. Omar Mihat Malaysia						
1430-1600	SYMPOSIA						
	ROOM 1		ROOM 2		ROOM 3		
	EXERCISE PRESCRIPTION		EXERCISE MEDICINE		EXERCISE & FEMALE ISSUE		
1600-1630	Tea						
1630-1800	ROOM 1	ROOM 2	ROOM 3	ROOM 4	ROOM 5	ROOM 6	MAIN HALL
	TAI CHI	HIIT	YOGA	STRENGTH TRAINING	AEROBICS	CORE TRAINING	STEP ROBOIC
	Evans Siu Fong USA	Asja Pajk Slovenia	Nisha India	Murphy Puniamuthy Malaysia	Adasandha Malaysia	Dr. Lim Boon Hooi Malaysia	Amin Malaysia